

Your treatment record



Cycle number
.....

Date

Blood results:

Name of test	Result

Weight

Treatment

Tests before your next treatment

.....
.....
.....

Special instructions/ comments (eg. Take home medication)

.....
.....
.....

Some medicines cause unwanted reactions otherwise known as side effects. It is very important to report any side effects.

Your traffic light system

Call the 24 hour advice line immediately or call 999 if told to do so

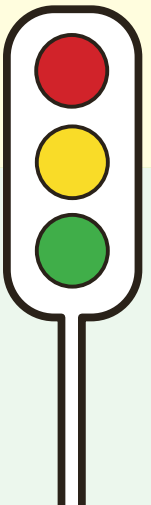
- Chest pain.
- Difficulty breathing.
- Generally unwell.
- Shivery episodes or flu like symptoms.
- Temperature above 37.5°C.
- Temperature below 36°C.
- Being sick (vomiting).
- Diarrhoea (4+ loose bowel movements in 24 hours).
- Bleeding or unusual bruising.
- Swollen or painful legs.
- Sore mouth that stops you eating or drinking.

Call the advice line within 24 hours but call immediately if your symptoms get worse

- Sore mouth but can still eat and drink.
- Itchy or painful skin changes.
- Sore, watery eyes.
- Increase in pain.
- Constipation.
- Feeling sick (nausea).
- Diarrhoea (2-4 loose bowel movements in 24 hours).

Be vigilant and if things get worse or continue contact the 24 advice line

- Tiredness.
- Skin changes that are not itchy or painful.
- Mood changes.
- Difficulty in coping with the treatment.
- Loss of appetite.



Your treatment record



Cycle number
.....

Notes: Include the date, details of the side effect and what you did. Contact your advice line if any of the side effects are **Amber** or **Red**.



Your side effects

Record by ticking and writing more detail when you are having these side effects, or any others.

Mild Severe

Signs of Infection eg. shivery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Abnormal temperature	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Generally unwell	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Numbness and weakness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reduced energy levels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bleeding and bruising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diarrhoea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling sick or being sick	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sore mouth	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shortness of breath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skin rash or nail problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Constipation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Loss of appetite	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sore hands and feet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mood (feeling low)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eye problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

NOTES: