Have you noticed any changes in your health?

- Something new?
- Something unusual?
- Something that hasn’t gone away?

Spotting cancer at an early stage means treatment is more likely to be successful.

If you notice anything that’s not normal for you, contact your GP practice.

For more information, visit cruk.org/spotcancerearly

Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666), the Isle of Man (1103) and Jersey (247). Registration in Northern Ireland pending.