



CANCER  
RESEARCH  
UK

Together we will beat cancer

It's cancer.  
You're bound  
to have questions.

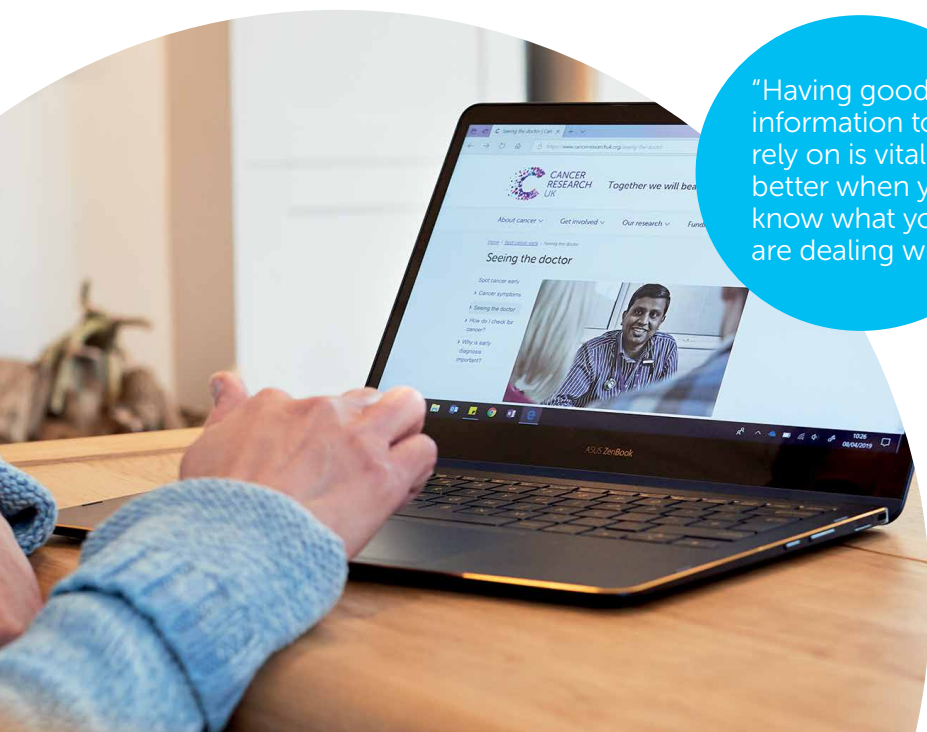


# Overwhelmed by information? Let us help you find the answers

Cancer Research UK's free information services guide you through the many questions a diagnosis of cancer can bring.

## Expert online information

All the information on our website comes direct from the experts – from the scientists who study cancer every day to our team of dedicated specialist nurses. If you or a loved one has been diagnosed with cancer, we can help you find your way to the information you need. Our website covers everything from diagnosis and treatment to living with cancer – and beyond. Visit [www.cruk.org/about-cancer](http://www.cruk.org/about-cancer) to find out more.



"Having good information to rely on is vital. It's better when you know what you are dealing with."

## A safe place to share

Cancer Chat is an online community on our website where people affected by cancer can share their experiences. Cancer Chat members talk about every aspect of cancer, from coping with the side effects of treatment to life after cancer. You can search for information relevant to you, see what others are discussing or join in the chat.

You can read Cancer Chat without being a member, but if you do want to register it's easy. And our Cancer Chat team is on hand to make sure the forum is a safe place to give and receive support. Visit [www.cruk.org.uk/cancerchat](http://www.cruk.org.uk/cancerchat)

## Talk to one of our nurses

If you're finding it tricky to navigate the maze of information surrounding cancer, or you're worried about what you might find online, give our dedicated team of cancer information nurses a call. There aren't any call centre menus, just a friendly trained nurse to talk to. If you want to talk to them in another language, just ask for our interpreting service. Freephone **0808 800 4040**, Monday to Friday 9am to 5pm.

## Find out about clinical trials

Around 1 in 5 people with cancer now take part in a clinical trial. If you're interested in finding out more about what clinical trials are, how they work and whether there might be a clinical trial suitable for you, take a look on our website at [www.cruk.org/trials](http://www.cruk.org/trials)

Our clinical trials database lists clinical trials around the UK supported by both Cancer Research UK and others. You can search by trial name, your cancer type or location.

Search the database at [www.cruk.org/trials](http://www.cruk.org/trials)

Visit [www.cruk.org/about-cancer](http://www.cruk.org/about-cancer) to find out more.



# For more information

All our services are free and cover nearly 200 different types of cancer.



## Visit [www.cruk.org/about-cancer](http://www.cruk.org/about-cancer)

Written specially for patients and their loved ones, covering all aspects of cancer.



## Chat online

Share information and experiences with others living with cancer in our online community. [www.cruk.org.uk/cancerchat](http://www.cruk.org.uk/cancerchat)



## Ask the nurses

You can speak to our specialist nurses on freephone **0808 800 4040**, Monday to Friday, 9am to 5pm.



## Find a clinical trial

Use our online clinical trials database to find out about clinical trials in your area. [www.cruk.org/trials](http://www.cruk.org/trials)



## Pop into our mobile unit

Visit the Cancer Awareness Roadshow for information and help with making healthy lifestyle choices.



## Get involved

Learn more about cancer policy and research and use your own experience to help shape our work. [www.cruk.org/get-involved](http://www.cruk.org/get-involved)

