



CANCER
RESEARCH
UK

Together we are
beating cancer

It's cancer. We're here to help.



Answers you can trust

Our free information and support services guide you through the many questions and concerns a cancer diagnosis can bring.



Read our trusted online information

Whether you're looking for information on symptoms, want to understand your diagnosis or are seeking advice on navigating life beyond cancer, we're here to help.

Our information is written with the help of cancer specialists and people affected by cancer, which means it is a source you can trust.

We make sure it's easy to understand by writing in plain English, and using videos and diagrams to support our information.

Find out more at
cruk.org/about-cancer



Connect with our community

Cancer Chat is our fully moderated online community where people affected by cancer can share their experiences and connect with others in a similar situation.

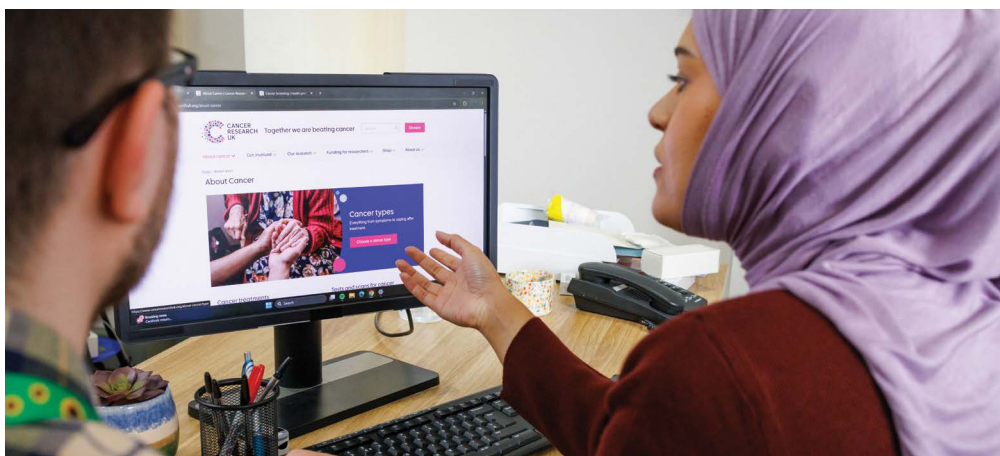
Cancer Chat members support each other with every aspect of cancer, from coping with the side effects of treatment to life after cancer. Search for topics most relevant to you, see what others are discussing, join in the chat or even ask one of our cancer nurses a question.

The forum is a safe space for support seven days a week – wherever, whenever.

Find out more at
cancerchat.org.uk

“ I found this information helpful and reassuring. Thank you. ”

Website visitor



Talk with our cancer information nurses

Our dedicated team of cancer information nurses can help you or your loved ones make sense of a cancer diagnosis and all the information that's available.

If you want to talk to them in another language, just ask for our interpreting service.

Call freephone **0808 800 4040**, Monday to Friday, 9am to 5pm.



Learn about clinical trials

Clinical trials are medical research studies involving people, which help us understand more about cancer and how to treat it. Clinical trials look at everything

from the causes of cancer to screening, tests, treatments, and controlling symptoms and side effects.

You can read more about clinical trials and whether there might be a trial that's right for you on our website. We list trials around the UK supported by Cancer Research UK and others. You can find clinical trials for your type of cancer by searching by location and the name of the trial.

Speak to your healthcare team to help you navigate your options and find out if any trials are right for you.

Find out more at [**cruk.org/trials**](https://cruk.org/trials)

Visit our About
Cancer website
at [**cruk.org/
about-cancer**](https://cruk.org/about-cancer)



Jo's story

Meet Jo, a content designer from Lancashire. Here, she shares her experience of using our cancer information.



“

Having cancer can be lonely. You can have the best team of family and friends around you, but what do you do at 3am when you can't sleep because you're worried about your test results? Like so many people, I went to the internet. That's where, in the early hours of the morning, Cancer Research UK became my friend when I needed them.

Finding information I could trust was so important. Cancer Research UK's About Cancer webpages became my go-to source, as I felt they respected me and understood what I was experiencing. There was no complicated jargon, it was just accessible and understandable all the way. ”

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Ref: PA002_25 May 2025
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