

Key things to know about FIT in Scotland

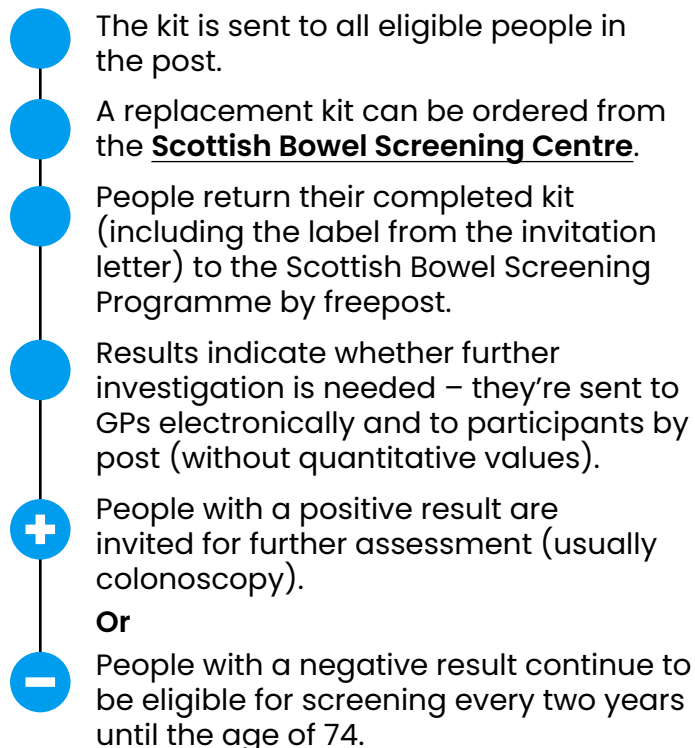


The Faecal Immunochemical Test (FIT) is a type of faecal occult blood test used to detect traces of human blood in stool samples. It's used in bowel cancer screening and to assess people with suspected colorectal cancer symptoms.

Together we are
beating cancer

Screening pathway

- FIT is used as the primary test in the Scottish Bowel Screening Programme (SBoSP).
- It's automatically offered every two years to people aged 50–74 with a Community Health Index (CHI) number. People aged 75 and over can request a FIT.
- The threshold for determining a positive result is set at 80 µg Hb/g faeces.



If a patient develops symptoms at any stage, they should contact their GP practice for further assessment regardless of screening results.

*Check local pathways

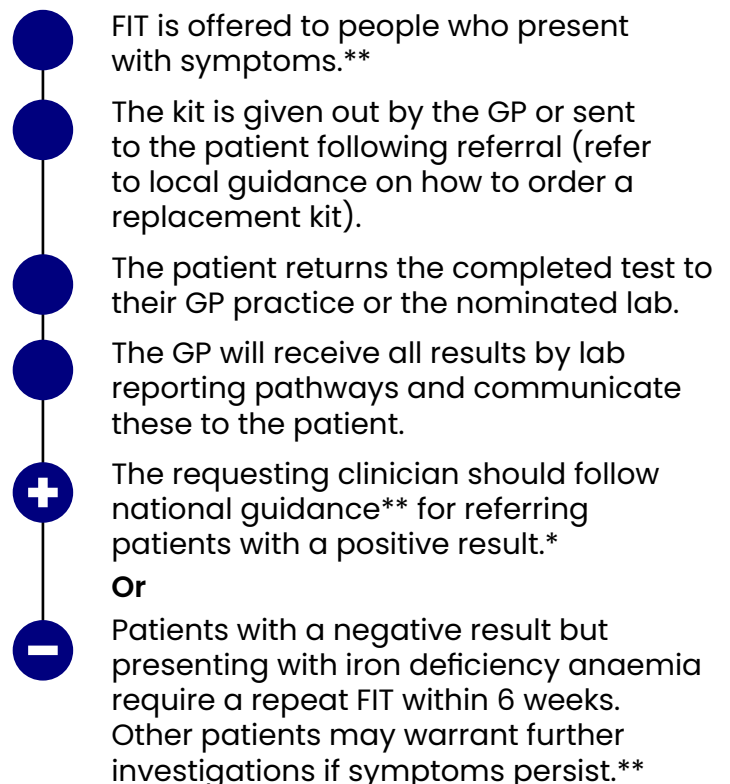
** Use the **Scottish Referral Guidelines**



Visit **cruk.org/bowelscreeninghub** or **[NHS inform](https://nhs.uk/inform)** for more information on bowel cancer screening.

Symptomatic pathway

- FIT supports the assessment of people who present with colorectal symptoms.
- FIT may be used in primary and/or secondary care.*
- The threshold for determining a positive result (normally 20 µg Hb/g faeces) is significantly lower than the bowel screening threshold.
- Clinicians are advised to consider realistic medicine principles when deciding when to offer a FIT and refer patients.



Patients shouldn't be discharged based on a FIT result alone. Make sure to safety net patients until symptoms are explained or resolved.

Visit **cruk.org/FITsymptomatic** or **[NHS Scotland's FIT guidance](https://nhs.uk/scotland/fit-guidance)** for people with symptoms for more information.