

Living with Liver Cancer

A Quick Guide

Contents

This is a brief summary of the information on 'Living with liver cancer' from our website. You will find more detailed information on there. In this information there are sections on

- Coping with liver cancer
- Questions for your doctor
- Liver cancer organisations

You can view this information in a larger print on our website.

Coping with liver cancer

It can be very difficult coping with a diagnosis of cancer, both practically and emotionally. You are likely to be feeling very upset and confused.

As well as coping with the fear and anxiety that a diagnosis of cancer brings, you have to work out how to manage practically. There may be money matters to sort out. Who do you tell you have cancer? There may be children or grandchildren to consider.

The coping with cancer section of our website contains lots of information you may find helpful. There are sections on:

- Your feelings
- Talking to people: who and what to tell
- Talking to children
- How you can help yourself
- Who else can help you
- Sex and sexuality
- Coping financially

What to ask your doctor about living with liver cancer

- How will my treatment affect me?
- Will I ever get back to normal or will I have some long term effects?
- Will I be able to go back to work?
- Will I need a special diet?
- Is there anything I shouldn't eat?
- Where can I get help with claiming benefits and grants?
- What practical help is available?
- Why did this happen to me?
- Are my children at risk of getting cancer?
- Where can I get help dealing with my feelings?
- Can you refer me for counselling?
- Do I have to pay for counselling?
- Could you refer me to a specialist support nurse?

Liver Cancer Organisations

Cancer Research UK

Website: www.cancerresearchuk.org/about-cancer
Cancer Information Nurses phone: 0808 800 4040

British Liver Trust

Website: www.britishlivertrust.org.uk
Email: info@britishlivertrust.org.uk
Phone: 0800 652 7330

CORE

Website: www.corecharity.org.uk
This organisation used to be called the Digestive Disorders Foundation. They produce a leaflet on liver cancer and fund research into all areas of gut and liver disease.

For more information, visit our website <http://www.cruk.org/about-cancer>

You will find a wide range of detailed, up to date information for people affected by cancer, including a clinical trials database that you can search for trials in the UK. Our information is based on the best current scientific evidence and reviewed regularly by leading clinicians and experts in health and social care.

For answers to your questions about cancer call our Cancer Information Nurses on 0808 800 4040 9am till 5pm Monday to Friday.

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